

# 2011 Resource Guide

Provided by:

**RAGEWorks Inc.**

## **About RAGEWorks**

RAGEWorks Inc. is a 501 (c)3 public service charity.  
RAGERadio is a weekly public service talk radio program  
Produced and Sponsored in full by RAGEWorks, Inc.

### **Mission**

The mission of RAGEWorks Inc. is to provide  
positive communication outlets for men to become  
better leaders both at work and at home.

### **Disclaimer**

The information in this resource guide is intended to provide users with resources and information which they may find useful and of interest. Though we strive to keep this information current and accurate, errors can occur. The information on this site is therefore provided as is with no guarantee of accuracy, completeness or timeliness.

RAGEWorks Inc. reserves the right to make changes to any information or services on this site without notice to the user.

Web Links provided in this guide which lead to information maintained by other organizations, are provided for the sake of convenience. RAGEWorks Recommended Reading is a list of books recommended men who listen to Rage Radio, (The radio weekly men's only talk radio program sponsored by RAGEWorks Inc.).

RAGEWorks, Inc. does not endorse the information provided in this guide and does not provide any warranty regarding the accuracy or any other aspect of the information provided.

**RAGEWorks Inc. shall not be liable to any party as a result of any information, services or resources made available through this guide.**

# RAGEWorks Men's Advocacy Websites

**Abuse-Excuse**

[www.abuseexcuse.com](http://www.abuseexcuse.com)

**American Coalition of Fathers and Children**

[www.acfc.org/help/](http://www.acfc.org/help/)

**American Family Rights Association**

[www.familyrightsassociation.com](http://www.familyrightsassociation.com)

**California Courts Self-Help Center**

[www.courtinfo.ca.gov/self-help/](http://www.courtinfo.ca.gov/self-help/)

**California Men's Center San Diego**

[www.californiamenscenters.org](http://www.californiamenscenters.org)

**Center for Successful Fathering**

[www.fathering.org/](http://www.fathering.org/)

**Children Rights Council**

[www.crcsandiego.org](http://www.crcsandiego.org)

**Fathers and Families**

[www.fathersandfamilies.org/](http://www.fathersandfamilies.org/)

**National Coalition of Free Men LA**

[www.ncfmla.org](http://www.ncfmla.org)

**Men's Family Law Center Family Advocates**

[www.Menslegal.com](http://www.Menslegal.com)

**Men's Resource International**

[www.mensresourcesinternational.org/](http://www.mensresourcesinternational.org/)

**National Fatherhood Initiative**

[www.fatherhood.org](http://www.fatherhood.org)

**Paternity Fraud DNA**

[www.paternityfrauddna.com](http://www.paternityfrauddna.com)

**Stop Abuse for Everyone**

[www.safe4all.org](http://www.safe4all.org)

# RAGEWorks National Hotlines

## Addictions

**Alcohol & Drug Abuse Hotline** 800-ALCOHOL

**National Drug and Alcohol Treatment Referral Routing Service** - 800.662.HELP

**Cocaine Helpline** - 800.262.2463

## Crisis/Suicide

**National Hopeline Network**, 800.SUICIDE or [www.hopeline.org](http://www.hopeline.org)

The Hope Line connects people in immediate distress to a Crisis Center. Calls are answered by certified counselors 24 hours a day, seven days a week. When the system is fully operational, your call should be routed to a center nearest your home. A trained counselor should answer within two or three rings, or about 20 to 30 seconds, from the moment you dial

**National Suicide Prevention Lifeline** - 1-800-273-TALK (8255)

a 24-hour, toll-free suicide prevention service available to anyone in suicidal crisis. Those in need of help can call

**Counseling On-Line:** [www.befrienders.org/email.html](http://www.befrienders.org/email.html) (A 24-Hour confidential e-mail service by the Samaritans).

## Crime

**Victims of Crime Resource Center** - 800.627.6872

## Grief

**Grief Recovery Helpline** - 800.445.4808

## Mental Health

**Mental Health Crisis Line**- 800.222.8220

# RAGEWorks Men's Ministry Resources

## National Coalition of Men's Ministries

The National Coalition of **Men's Ministries** (NCMM) is a network of para church / servant **ministries** and denominational **men's ministries** representing over half ...

[www.ncmm.org/](http://www.ncmm.org/)

## Top Gun Men's Ministries, Developing Healthy Men's Ministries ...

Top Gun **Men's Ministries**, a development and resource **ministry** that partners with and assists churches in developing effective **men's ministries**.

[www.topgunministries.org/](http://www.topgunministries.org/)

## Men's Ministry

**Men's Ministry** - Discover how God can change lives through this vital addition to your church or small-group community.

[www.allaboutgod.com/mens-ministry.htm](http://www.allaboutgod.com/mens-ministry.htm)

## Iron Sharpens Iron | National Men's Conferences

**Men's Ministry** · Tips · Resources · Training · Survey & Status · Father Factor · Man2Man Express · Shop ISI · Northeast **Ministry** ...

[www.ironsharpeniron.net/](http://www.ironsharpeniron.net/)

## Lutheran Men in Mission - Evangelical Lutheran Church in America

Evangelical Lutheran Church in America **men's** service organization for building faith relationships and Christian mission through **men's** gatherings, ...

[www.elca.org/...in.../Ministry/Lutheran-Men-in-Mission.aspx](http://www.elca.org/...in.../Ministry/Lutheran-Men-in-Mission.aspx)

## Man in the Mirror

Schedule a **Men's** Event, Start a Bible Study, Start a **Men's Ministry**, Find Leadership Training Info, Subscribe to eNewsletters, Donate Online ...

[www.maninthemirror.org/](http://www.maninthemirror.org/)

## Emale.org : Home

Click here to subscribe to the **Men's Ministries** Network e-mail list. ... "Relationships that Tell it to the World" for **Men's Ministries** Day of Prayer ...

[www.emale.org/](http://www.emale.org/)

## Honorbound | National Men's Ministries | Assemblies of God USA

HonorBound is the events and resources arm of National **Men's Ministries** – equipping local churches, leaders and **men** with effective, relevant tools, ...

[honorbound.ag.org/](http://honorbound.ag.org/)

## Men's Ministry

Looking for assistance in starting a **men's** group, bible study, or book group in your local congregation? Check out The **Men's Ministry** Action Plan, ...

[www.ucc.org/men/](http://www.ucc.org/men/)

# RAGEWorks Recommended Reading

## Anger Management for Men

***The Anger Workbook: A 13-Step Interactive Plan to Help You...*** (Minirth-Meier Clinic Series) by Les Carter

***The Anger Trap: Free Yourself from the Frustrations that Sabotage Your Life*** by Les Carter

***Beyond Anger: A Guide for Men: How to Free Yourself from the Grip of Anger and Get More Out of Life*** by Thomas J. Harbin

***The Anger Control Workbook*** by Matthew McKay

## Dealing with Divorce

***Fatherless America: Confronting Our Most Urgent Social Problem*** by David Blankenhorn

***The Good Divorce*** by Constance Ahrons

***Helping Your Kids Cope with Divorce...*** by M. Gary Neuman

***Rebuilding: When Your Relationship Ends*** by Bruce Fisher

## Father & Daughter Relationships

***Between Fathers and Daughters: Enriching and Rebuilding Your Adult Relationship*** by Linda Nielsen

***What a Daughter Needs From Her Dad: How a Man Prepares His Daughter for Life*** by Michael Farris

***What a Difference a Daddy Makes: The Indelible Imprint a Dad Leaves on His Daughter's Life*** by Dr. Kevin Leman

***Strong Fathers, Strong Daughters: 10 Secrets Every Father Should Know*** by Meg Meeker M.D.

## Father & Son Relationships

***Absent Fathers, Lost Sons: The Search for Masculine Identity*** by Guy Corneau

***Better Dads, Stronger Sons: How Fathers Can Guide Boys to Become Men of Character*** by Rick Johnson

***Fathers and Sons: 10 Life Principles to Make Your Relationship Stronger*** by Ron Jenson and Matt Jenson

***My Father Before Me: How Fathers and Sons Influence Each Other Throughout Their Lives*** by Michael Diamond

***King Me: What Every Son Wants and Needs from His Father*** by Steve Farrar

***Raising a Modern Day Knight: A Father's Role in Guiding His Son to Authentic Manhood*** by Robert Lewis

***You Have What It Takes: What Every Father Needs to Hear*** by John Eldredge

## **Family Relationships**

***Be a Father to Your Child: Real Talk from Black Men on Family, Love, and Fatherhood*** by April R Silver

***Finishing Strong: Going the Distance for Your Family*** by Steve Farrar

***Men's Relational Toolbox*** by Gary Smalley

***Throwaway Dads: The Myths and Barriers That Keep Men from Being the Fathers They Want to Be*** by Ross Parke and Armin Brott

***The Good Father: On Men, Masculinity, and Life in the Family*** by Mark O'Connell

## **Masculinity**

***Contemporary Perspectives On Masculinity*** by Ken Clatterbaugh

***Wild at Heart: Discovering the Secret of a Man's Soul*** by John Eldredge

***Men's Fraternity: Winning at Work & Home*** by Robert Lewis

## **Porn Addictions**

***Getting Off: Pornography and the End of Masculinity*** by Robert Jensen

***Porn Nation: Conquering America's #1 Addiction*** by Michael Leahy

***The Porn Trap: The Essential Guide to Overcoming Problems Caused by Pornography*** by Wendy Maltz and Larry Maltz

***Breaking Free From Sex Addiction: Helping Him Overcome Pornography*** by C. Darland

***Men, Let's Talk! Pornography: The Quiet Addiction*** by Fitzhugh G. Houston

## **Relationships & Marriage**

***Every Man's Marriage*** by Stephen Arterburn & Fred Stoeker

***His Needs Her Needs*** by Willard F., Jr. Harley

***Our Love Is Here to Stay*** by Tony & Louis Evans

***Saving Your Marriage Before It Starts*** by Leslie Parrott

***The Power of a Loving Man*** by Jeff Jernigan

## **Addictions**

### **Drugs/Alcohol:**

#### **Books**

1.) Drug abuse sourcebook : basic consumer health information about the abuse of cocaine, club drugs, hallucinogens, heroin, inhalants, marijuana, and other illicit substances, prescription medications, and over-the-counter medicines

Edited by Joyce Brennfleck Shannon

2.) Comprehensive handbook of drug and alcohol addiction

By: Norman S. Miller

3.) Alcoholism, the facts

By: Donald Goodwin

4.) Addictions: A comprehensive handbook

By: Barbra McCrady

5.) Clinical Textbook of Addictive Disorders

By: Richard Frances

6.) Understanding Alcohol and Drug Addiction

By: Merlin Baker

### **Sex:**

#### **Books**

1.) Contrary to love: helping the sexual addict

By: Patrick Carnes

2.) Clinical management of sex addiction

By: Patrick Carnes, Kenneth Adams

3.) Healing the Wounds of Sexual Addiction

By: Mark Laaser

4.) Sex addiction: case studies and management

By: Ralph H. Earle, Marcus R. Earle, Kevin Osborn

5.) Don't call it love: Recovery from sexual addiction

By: Patrick Carnes

6.) Lust, Anger, Love: Understanding sexual addiction and the road to healthy intimacy

By: Maureen Canning

7.) Sexual addiction: an integrated approach

By: Aviel Goodman

## **Porn:**

### **Books**

1.) Secret Survivors: Real-Life stories giving you hope for healing

By: Jen Howver

2.) The PAadviser: Three to quit pornography addiction

By: Mario Brocallo

3.) Porn at Work: Exposing the offices #1 addiction

By: Michael Leahy

4.) The Porn Trap: The essential guide to overcoming problems caused by pornography

By: Wendy Maltz

5.) How to be forever free from O.P.P. : Online Porn Permanently

By: Vincent Ivory

6.) Porn Nation

By: Michael Leahy

## **Gambling:**

### **Books**

1.) Gambling Addiction: the problem, the pain, and the path to recovery

By: John Eades

2.) The Gambling Addiction Patient Workbook

By: Robert Perkinson

3.) Gambling Addiction

By: James Walsh

4.) The Downside: problem and pathological gambling

By: Jeffery Marotta, Judy Cornelius, William Eadington

5.) Gambling: don't bet on it

By: Rex M. Rogers

6.) Treating Gambling Problems

By: William George McCown, William A. Howatt

## **Gaming**

### **Books**

1.) Game Addiction: the experience and the effects

By: Neils Clark, P. Shavaun Scott

2.) Frequently Asked Questions about Online Gaming Addiction

By: Holly Cefrey

3.) Playstation Nation: protect your child from video game addiction

By: Olivia Bruner

4.) Unplugged: My journey into the dark world of video game addiction

By: Ryan G. Van Cleave, Mark Griffiths

## **Internet**

### **Books**

1.) Caught in the Net: how to recognize the signs of internet addiction

By: Kimberly S. Young

2.) Internet Addiction: A handbook and guide to evaluation and treatment

By: Kimberly S. Young

3.) Internet Addiction: professional disclosure and user attitudes

By: Tina Metzger

4.) Internet Addiction: current status and implications for assessment, diagnosis, and intervention

By: Keith Wilson Beard

5.) Internet Addiction: A modern day problem

By: Gail Bryant

6.) Internet Addiction: when normality becomes pathology

By: Anna Cap

7.) Internet Addiction: Inability to limit computer use

By: Lydia D. Thomson-Smith

## **Smoking**

### **Books**

1.) My Addiction to Smoking

By: Roger Perron

2.) Smoking Cessation Matters in Primary Care

By: Marcus Munafo

3.) Kill the Addiction: Stop smoking: Without quitting

By: John English

4.) The Truth About Smoking

By: Robert N. Golden, Fred L. Peterson, Health Dingwell

5.) Nicotine Addiction Among Adolescents

By: Eric F. Wagner

6.) Conquer Tobacco Naturally

By: Edward Blomgren

## **Food**

### **Book**

1.) Food Addiction: The body knows

By: Kay Sheppard

2.) Food Addiction: Healing day by day, Daily affirmations

By: Kay Sheppard

3.) Anatomy of a food addiction: The brain chemistry of overeating

By: Anne Katherine

4.) Why can't I stop eating? : Recognizing, understanding, and overcoming food addiction

By: Debbie Danowski

5.) It matters totally: Healing food addiction with a course in miracles

By: Lisa Natoli, Marielle School

6.) Breaking the bonds of food addiction

By: Susan McQuillan

## **Shopping**

### **Books**

1.) Spent: Memoirs of a Shopping Addict

By: Avis Cardella

2.) Living rich by spending smart: how to get more of what you really want

By: Gregory Karp

3.) Con\$umed: How markets corrupt children, infantilize adults, and swallow citizens whole

By: Benjamin Barber

## **Work**

### **Books**

1.) Research companion to working time and work addiction

By: Ronald J. Burke

2.) Work Addiction: hidden legacies of adult children

By: Bryan E. Robinson

3.) Addiction to work: tackling drug use and misuse in the workplace

By: Hamid Ghodse

4.) When work takes control

By: Pernille Rasmussen

5.) Long work hours culture: causes, consequences, choices

By: Ronald J. Burke

## **Domestic Violence**

### **Books**

1.) Domestic violence: facts and fallacies

By: Richard L. Davis

2.) Handbook of domestic violence intervention strategies: policies, programs, and legal remedies

By: Albert R. Roberts

3.) Domestic Violence: a global view

By: Randal W. Summers

4.) Domestic violence: a reference handbook

By: Margi Laird McCue

5.) Domestic Violence: The forgotten victims

By: Monica Marie Singleton Soileau

## **Midlife Crisis**

### **Books**

1.) Men in midlife crisis

By: Jim Conway

2.) The Mid Life Crisis Survival Kit

By: Russell Wickens

3.) Have a great midlife crisis

By: John Bryan Stone

4.) Fly fishing through the midlife crisis

By: Howell Raines

5.) How to iron your own damn shirt: the perfect husband handbook featuring over 50 foolproof ways to win, woo, and wow your wife

By: Craig Boreth, Jay Mazhar

(Includes how to have a reasonable midlife crisis)

## **Relationships**

### **Daughter**

#### **Books**

1.) Father/Daughter relationship: an investigation of the socioeconomic impact on career choice

By: Isa D. Williams

2.) The father-daughter relationship: father types, daughter types, and the association between the two

By: Arica Schultz

3.) Dads and Daughters: How to inspire, understand, and support your daughter when she's growing up so fast

By: Joe Kelly

4.) Making sense of the father-daughter husband-wife connections

By: Keith Mills

5.) Far from home: father-daughter travel adventures

By: Wendy Knight

## **Son**

### **Books**

1.) I got your back: a father and son keep it real about love, fatherhood, family and friendship

By: Sr. Eddie Levert, Gerald Levert

2.) Like father, like son: the trinity imaged in our humanity

By: Thomas Allan Smail

3.) The father-son relationship: a retrospective point of view as perceived by the adult son

By: Elaine Wilhelminna Gordon

4.) The masters craftsman: Heartwarming novel of father-son relationships and incredible gifts of love

By: Lila Hopkins

5.) Father-son relationship as adolescence

By: John W. Schifani

## **Partner**

### **Books**

1.) Relationship rescue: a seven step strategy for reconnecting with your partner

By: Phillip C. McGraw

2.) A marriage without regrets

By: Kay Arthur

3.) The long-distance relationship guidebook

By: Sylvia Shipp

4.) For men only: a straightforward guide to the inner lives of women

By: Shaunti Feldhahn, Jeff Feldhahn

5.) Why don't you understand? A gender relationship dictionary

By: Karen Gail Lewis